

Booths/ Services and Vendors

Margaret Brandy	Iaso Tea
Peter King Doctor's Choice Medical Inc	Foot orthotics/ Pros- thetics/ DME
Mary Malone	St. Thomas Swimming Association
Lucy Gunther, Stephanie and John Brown	Nikken Wellness Prod- ucts
Chloe Byers	Grow VI
Eranah	Art Healing
Arash Pahlavan	Herbal Life
Patrick Benjamin	Craft Collection
Claudette Rodriguez	Makeda's Shop
June Archibald	Presious Produce Farms/ VI fruit pre- serves
Chinwe	Lemongrass Hut
Shira Sofer	Handmade Jewellery
HUGS VI, Inc	Parent Advocacy Group
Kareem Forbes and Sandra Ross	VIUCEDD-UVI
	VI Medicare
Ananada Nilayam	Conscious Living
Jubilani Reese	Ugandan Jewelry
Fern Laborde	American Cancer Soci- ety
Sandra Bradley	Family Resource Center
Sheena Walker, PHD	Association of VI Psy- chologists
Lisa Parfitt	TADA Silent Auction



**4th Annual
Wellness in the Sun
Fair**

**Magens Bay Beach
Shed #3**

**Saturday
April 9th 11-5pm**



www.vitherapyassociation.org
340 626 3478

TADA Mission Statement

The mission statement of the Therapy Association and Disabilities Advocates or 'TADA' is to promote enlighten awareness and understanding of individuals with disabilities, to advocate for their outreach and to provide therapy and services.

Proceeds from the event go to our VI Disability Fund which enables qualifying individuals or families with disabilities to receive adaptive equipment, therapy services or home modifications.

Thank you to all our sponsors, volunteers, donors and participants who made all this possible.

Therapy Association and Disabilities Advocates* TADA

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St. Thomas

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Raffle

**Tickets 1 for \$2/ or 3 for \$5 or
book of 25 for \$40**

Available in Advance

Prana Spa	Massage Ses- sions
Island Time Pub	Gift Certificate
Island Beach- comber Hotel	2 night stay
Bad Kitty Boat Trip	Trip for 2 to BVI
Horizon Physical Therapy	1 pair custom or- thotics \$325 value
Pam Larsen	Micro derma- brasion
Horizon Physical Therapy	75 Minute mas- sage \$115 value
Kevin Lenahan	Gift Certificate
Journey's Spa	Gift Certificate
TADA	Large mosaic mirror made by last years partici- pants



SCHEDULE OF EVENTS

Health Speakers

11.30-12.00pm	Cathryn Stauffer, RD, Dietician "Food Facts– Misinformation"
12.00-12.30pm	Sheena Walker, PHD, Psychologist "Stress Management"
12.30-1.00pm	Elizabeth Nilsen, RN, Midwife and Health Consultant "Sugar Blues"
2.00-2.30pm	Gail Rucker, PD, Podiatrist "Wellness and protection for the feet"
2.30-3.00pm	Anne Nayer, SW, LO "ALC –Law of Attraction Life Coach "Change your Thoughts, transform your life"
3.00-3.30pm	Hillary Woodson, MD, Physician "Women's Health"
3.30-4.00pm	Celia Victor, PharmD, Pharmacist "topic to be announced"
4.00-4.30pm	Eileen Short, PT Physical Therapist "Happy Knees"

Fitness/ Wellness Classes

11.00 – 11.30	Aquatic rehab/ water exercise	Mary Malone
11.30-12.00	Qigong	Hariyah Dan Fodio
12.00-12.30	Partner Yoga	Katie Cunningham and Rocco Vitale
12.30-1.00	Tai Chi	Allan Buckingham
1.00 –2.00	Zumba	Jane Dicola & Joni Jones
2.00-2.30	Flexibility	Jennifer Payne, PT
3.00-3.30	Pilates	Melanie Moskowitz
3.30-4.00	Music with meditation	Cynthia Zeki
3.30-4.00	Zumba	Cynthia

Wellness practitioners and sessions \$5 donation for each 10 minute session

Marcy L'Hommedieu	Earth Spirit Harmonies
Rev. Toni Gillman	Sacred Sound Healing
Therese Lopez	Divine Love of Sri ki-Kaleshwar Reiki
Gary Rosenthal	Bodymind Massage
Journey's Spa	Massage
Prana spa	Massage
Sharon Trienkman	Stellartimes Yoga
Tammi Reeve, DC	Wisdom Waves Chiropractic (Network spinal Analysis)
Anora "Nori" Fox	Reflexology
Brad Kappel	Caribbean Chiropractic
Nikken-Lucy, Stephanie and John	Magnetic Massage
Nefertiti	Coki Beach Massage

Food Vendors

Diane Kiplinger and Webb	Love Livin Celebrate Life Whole Foods
Linda Chesterfield	Banana Leaf Bistro
Benita and Jambie	Green Thumb Farms Famous pumpkin soup
Milford Callwood	Healthy snacks on wheels
Mr Wade	Organic West Farms (Mango, kiwi cornbread, chlorophyll)
Chef Jean Philippe	Sushi

Cooking demos at 1 and 2 pm.
Light Jazz will play throughout the day

Children's Activities

- Bouncy Castle
- Art Corner with community painting and mosaic
- Face Painting
- Locally famous juggler Steve Prosterman